

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lardus Plessis

Has successfully participated & completed the

21KM Prestige Trail Run Series #5 - Bonus Edition

held at Cowhouse Market.

**TIME** 02:27:54

**PACE** 07:01/km

**OVERALL** 25 of 35

**GENDER** 21 of 23

**OPEN** 12 of 13

24 November 2019, Sun

Date

